

Sexual Assault Training Agenda 2020-2022

Class One: Introduction to the Program – Orientation

- A. Local program information covering ECCC policies, protocols, and procedures for providing minimum services:
 - a. Core Members- Community Based Advocates
 - a. Overview of services provided by sexual assault programs
 - i. Minimum services
 - o 24-hour crisis hotline
 - o Crisis Intervention
 - o Public Education
 - o Advocacy
 - o Accompaniment to hospitals, law enforcement offices, prosecutors' offices, and courts
 - ii. Other
 - b. History of agency, and expectations of victim advocates
- B. Introduction to Community Resources available to victims/survivors

Class Two: Introduction to Sexual Violence- Gender Socialization

- A. Definition of Primary Prevention
 - a. Risk Factors across Ecological Model (Individual, Relationship, Community, and Society)
 - b. Introduction to Preventing Sexual Violence in Texas, a Primary Prevention Approach
- B. Risk Factors for Sexual Violence
- C. Rape Culture
- D. Forms of Sexual Assault/Abuse
 - a. Rape within marriage/dating violence
 - b. Rape by stranger
 - c. Unwanted sexual advances or sexual harassment- including demanding sex in return for favors
 - d. Forced prostitution and trafficking of persons for the purpose of sexual exploitation
- E. Substance Facilitated Sexual Assaults

- F. Sexual Assault Statistics –
 - a. Prevalence
 - b. National
 - c. Texas
 - d. Gender
 - e. Age
- G. Sexual Assault Realities

[Class Three: Introduction to Domestic Violence-
Self Study- 1 Hour- Behind Closed Doors \(Netflix\)](#)

- A. History of Domestic Violence Movement & Laws
- B. Dynamics of Domestic Violence
- C. Stalking
- D. Strangulation
- E. Type of Sexual Abuse: Forced marriage or cohabitation

[Class Four: Offenders & Secondary Victims-
Self Study: 1.5 hour- DVD: Saving Grace, Dr. Phil Show](#)

- A. Offender Profile
 - a. Relationship between victim and offender- known and unknown
 - b. Characteristics of sex offenders
 - c. Sex Offender subtypes
- B. Working with Secondary Victims
- C. Survivor Profile

[Class Five: Victimology & Working with Special Populations-](#)

- A. Crisis Intervention
- B. Effects of Sexual Assault on Survivors
 - a. Immediate and chronic psychological
 - b. Immediate and chronic physical
 - c. Post-traumatic Stress Disorder
 - d. Substance abuse
 - e. Self-harm/self-injury
 - f. Depression
 - g. Sexually transmitted diseases
 - h. Pregnancy
 - i. Flashbacks

- j. Sleeping and eating disorders
 - k. Body memories
 - l. Suicide
- C. Barriers to Reporting
- D. Special Populations Including:
 - a. Cultural groups
 - b. Persons with disabilities
 - c. Adolescents
 - d. College students
 - e. Elderly
 - f. LGBT
 - g. Human trafficking
 - h. Military
 - i. Male Victims/Survivors of Abuse
- E. Forms of Sexual Assault/Abuse: Sexual abuse of children and/or persons with disabilities; female genital mutilation and/or inspections for virginity; forced cohabitation/marriage of children, systematic rape during armed conflict

[Class Six: Advocacy \(Part One\): -](#)

- A. Defining Advocacy
- B. Confidentiality
 - a. Accompaniment under Code of Criminal Procedure, Article 56.045
 - b. Confidential communications (Texas Government Code Section, 420.071)
- C. Ethics
- D. Communication/Active Listening Skills
- E. Trauma Informed Care
- F. Culturally Competent Care
- G. Impact of Values, Beliefs, and Biases:
 - a. Unintentional Revictimization
 - b. Unintentional Victim Blaming
 - c. Values, beliefs, and biases
 - i. Prejudices
 - ii. Stereotypes
 - iii. Discrimination
 - iv. Judgments
 - v. Coping with the "Isms": Ageism, Sexism, Racism, Classism, Heterosexism
 - d. Values Clarification

- e. Action Steps

Class Seven: Advocacy (Part Two) –

- A. Self- Protection
- B. Suicide Assessment
- C. Sexual Assault Response Team
 - o Team approach
 - o Coordinated response
 - o Activities
 - o Benefits
 - o Core Members:
 - Law enforcement
 - Health care (SANE; physician and medical oversight; health care agencies-hospital and community)
 - Forensic scientist (labs-Texas DPS, private labs)
 - Prosecutors
 - o Additional team members (Roles/Definitions)
 - System advocates, System-based advocates (CVL and VAC), pre-hospital providers, correctional staff, culturally specific organizations, sex offender mgmt. professionals, policy makers, CACs, state public health services (DFPS and DADS), and schools and universities
- D. Special Populations Focus: Rights of Undocumented Immigrant Victims

Class Eight: Advocate Wellness –

- A. Vicarious Trauma and Self Care
- B. Stress & Burn-out

Class Nine: Legal Response (Part One) –

- A. Role of Law Enforcement
- B. Child and Adult Protective Services

Class Ten: Legal Response (Part Two) –

- A. Overview of Criminal Justice System
- B. Texas Legal Definition of Sexual Assault
- C. Civil Legal Remedies – Protective Orders

- D. Victim Impact Statements

Class Eleven: Medical Response to Sexual Assault-

- A. Role of Advocate in a Sexual Assault Exam
- B. Emergency Room Protocol
- C. Sexual Assault Report & Non-Report
- D. Medical/Forensic Exam
- E. Role of SANE
- F. Pregnancy & STD Prevention & Treatment
- G. HIV/AIDS
- H. Sexual Abuse: Denial of contraception or other measure to protect against STDs; Forced abortions
- I. Rights of SA Victims- Criminal Code 56.045

Class Twelve: Tools & Resources-

- A. Safety Planning
- B. Legal Resources/Remedies
 - a. Victim's Bill of Rights
 - b. Pseudonym- Purpose & Form
 - c. Crime Victims' Compensation
 - d. Address Confidentiality Program
 - e. Statewide Automated Victim Notifications Services
 - f. Title IX
- C. Additional Resources
- D. Paperwork and Forms

Class Thirteen: Working as an Advocate-

- A. Role Play
- B. Test & Certification!

On the Job Training Hours: 10

- A. Shadow staff on court and/or medical accompaniment
- B. Shadow staff on hotline
- C. Answer the hotline under supervision
- D. Provide court and/or medical accompaniment under supervision