Sexual Assault Training Agenda
2016-2018

**Class One: Introduction to the Program - 3 hours Classroom**

A. Local program information covering ECCC policies, protocols, and procedures for providing minimum services:
   a. Core Members- Community Based Advocates
      a. Overview of services provided by sexual assault programs
         i. Minimum services
            o 24-hour crisis hotline
            o Crisis Intervention
            o Public Education
            o Advocacy
            o Accompaniment to hospitals, law enforcement offices, prosecutors’ offices, and courts
         ii. Other
   b. History of agency, and expectations of victim advocates

B. Introduction to Community Resources available to victims/survivors

**Class Two: Introduction to Violence - 3 hours Classroom**

**Self - Study - 1 hour - DVD: Killing Us Softly, Jean Kilbourne (Media Education Foundation)**

A. Gender Socialization
B. Definition of Primary Prevention
   a. Risk Factors across Ecological Model (Individual, Relationship, Community, and Society)
   b. Introduction to Preventing Sexual Violence in Texas, a Primary Prevention Approach
C. History of Domestic Violence Movement & Laws
D. Dynamics of Domestic Violence
E. Stalking
F. Strangulation

**Class Three: Introduction to Sexual Violence (Part One) - 3 hours Classroom**

A. Risk Factors for Sexual Violence (Review)
B. Rape Culture
C. Forms of Sexual Assault/Abuse
a. Rape within marriage/dating violence
b. Rape by stranger
c. Unwanted sexual advances or sexual harassment
d. Forced marriage or cohabitation
e. Forced prostitution and trafficking of persons for the purpose of sexual exploitation

D. Substance Facilitated Sexual Assaults

E. Sexual Assault Statistics –
   a. Prevalence
   b. National
   c. Gender
   d. Age

F. Sexual Assault Realities

G. Effects of Sexual Assault on Survivors
   a. Immediate and chronic psychological
   b. Immediate and chronic physical
   c. Post-traumatic Stress Disorder
   d. Substance abuse
   e. Self-harm/self-injury
   f. Depression
   g. Sexually transmitted diseases
   h. Pregnancy
   i. Flashbacks
   j. Sleeping and eating disorders
   k. Body memories
   l. Suicide

Class Four: Introduction to Sexual Violence (Part Two) - 3 hour Classroom
Self Study: 1.5 hour- DVD: Saving Grace, Dr. Phil Show

A. Offender Profile
   a. Relationship between victim and offender
   b. Characteristics of sex offenders
   c. Sex Offender subtypes

B. Working with Secondary Victims

C. Survivor Profile

Class Five: Working with Special Populations- 3 hours Classroom

A. Barriers to Reporting

B. Special Populations Including:
a. Cultural groups
b. Persons with disabilities
c. Adolescents
d. College students
e. Elderly
f. LGBT
g. Human trafficking
h. Military
i. Male Victims/Survivors of Abuse

C. Forms of Sexual Assault/Abuse: Sexual abuse of children and/or persons with disabilities; female genital mutilation and/or inspections for virginity; forced cohabitation/marriage of children, systematic rape during armed conflict

D. Impact of Values, Beliefs, and Biases:
   a. Unintentional Revictimization
   b. Unintentional Victim Blaming
   c. Values, beliefs, and biases
      i. Prejudices
      ii. Stereotypes
      iii. Discrimination
      iv. Judgments
      v. Coping with the “Isms”: Ageism, Sexism, Racism, Classism, Heterosexism

d. Values Clarification
e. Action Steps

**Class Six: Advocacy (Part One): 3 hours classroom**

A. Defining Advocacy
B. Confidentiality
   a. Accompaniment under Code of Criminal Procedure, Article 56.045
   b. Confidential communications (Texas Government Code Section, 420.071)
C. Ethics
D. Crisis Intervention
E. Communication/Active Listening Skills
F. Sexual Assault Response Team
   a. Team approach
   b. Coordinated response
   c. Activities
   d. Benefits
e. Core Members:
      i. Law enforcement
ii. Health care (SANE; physician and medical oversight; health care agencies-hospital and community)
iii. Forensic scientist (labs-Texas DPS, private labs)
iv. Prosecutors
f. Additional team members (Roles/Definitions)
i. System advocates, System-based advocates (CVL and VAC), pre-hospital providers, correctional staff, culturally specific organizations, sex offender mgmt. professionals, policy makers, CACs, state public health services (DFPS and DADS), and schools and universities

Class Seven: Advocacy (Part Two) – 3 hours classroom

A. Self-Protection
B. Sexual Assault Response Team (MDT)
C. Suicide Assessment
D. Trauma Informed Care
E. Culturally Competent Care

Class Eight: Advocate Wellness – 2 hours classroom

A. Vicarious Trauma and Self Care
B. Stress & Burn-out

Class Nine: Legal Response (Part One) – 3 hours classroom

A. Role of Law Enforcement
B. Child and Adult Protective Services
C. Special Population Focus: Rights of Undocumented Immigrant Victims

Class Ten: Legal Response (Part Two) – 3 hours classroom

A. Overview of Criminal Justice System
B. Texas Legal Definition of Sexual Assault
C. Civil Legal Remedies – Protective Orders
D. Victim Impact Statements
Class Eleven: Medical Response to Sexual Assault- 2 hours classroom

A. Role of Advocate in a Sexual Assault Exam
B. Emergency Room Protocol
C. Sexual Assault Report & Non-Report
D. Medical/Forensic Exam
E. Role of SANE
F. Pregnancy & STD Prevention & Treatment
G. HIV/AIDS
H. Sexual Abuse: Denial of contraception or other measure to protect against STDs; Forced abortions

Class Twelve: Tools & Resources- 4 hours classroom

A. Safety Planning
B. Legal Resources/Remedies
   a. Victim’s Bill of Rights
   b. Crime Victims’ Compensation
   c. Address Confidentiality Program
   d. Statewide Automated Victim Notifications Services
   e. Title IX
C. Additional Resources
D. Paperwork and Forms

Class Thirteen: Working as an Advocate- 2 hours classroom

A. Role Play
B. Test & Certification!

Classroom Hours: 38.5

On the Job Training Hours: 10
A. Shadow staff on court and/or medical accompaniment
B. Shadow staff on hotline
C. Answer the hotline under supervision
D. Provide court and/or medical accompaniment under supervision

Total Training Hours: 48.5