May 13, 2020

- Benefit Round-Up has been cancelled for this year. We will reschedule for next year (Summer 2021)
- B&B Bingo is still set for September 19. More details about cost and times next month. Prizes include designer bags that will be promoted late this summer.
- Follow our social media accounts for our May series that supports Mental Health Awareness Month which includes:
  - #MadeforMonday
  - #WellnessWednesday
  - #Selfcare on Fridays
  - Get to know the CAC
- We are here and still providing services and we have trained advocates ready to help. Call our hotline if you need us! We can help if your home is unsafe.
- Here is a list of services we provide for the Crime Victim Assistance Center

April 22, 2020

- Sexual Assault Awareness Month
  - Start By Believing
    - Here is some help on what to say to a friend or family member that may have experienced sexual violence.
- Child Abuse Prevention and Awareness Month
  - Warning Signs of child abuse
- Call us if you need anything!
- Tentative dates for upcoming events:
  - Round-Up - August 8th
  - Boots and Bags Bingo - September 19

April 8, 2020

- Follow our social media accounts for information on the following campaigns or topics:
  - The Children’s Advocacy Center is supporting Child Abuse Awareness Month (@Eastlandcountycac)
  - The Crime Victims Assistance Center is supporting Sexual Assault Awareness Month (@Eastlandcvac)
• Internet Safety
  Call our office or hotline 24/7. We are available whenever you need to call us.

March 25, 2020

• **Airplane Fly-In, Pancake Breakfast and Easter Egg Hunt** - Cancelled
• Parents and Kids resources for internet safety:
  o **Net Smartz**
• Current office **protocols**
• Follow our social media in April for info on:
  o Child Abuse Awareness Month (CAC)
    ▪ April 3 - Wear BLUE
  o Sexual Assault Awareness Month (CVAC)
    ▪ April 7 - Wear TEAL
• **Keep Hope Alive** with $25 (donations)
• The new CAC Superhero for the year will be announced in April.
• Want the Quarterly Newsletter? Call our agency or email **community@eastlandcrisis.org** to be added to our mail list or e-newsletter.

March 11, 2020

• **Airplane Fly-In, Pancake Breakfast and Easter Egg Hunt**
• Follow our social media in April for info on:
  o Child Abuse Awareness Month (CAC)
  o Sexual Assault Awareness Month (CVAC)
• Be on the lookout for the new CAC Superhero for the year.
• Want the Quarterly Newsletter? Call our agency or email **community@eastlandcrisis.org** to be added to our mail list or e-newsletter.