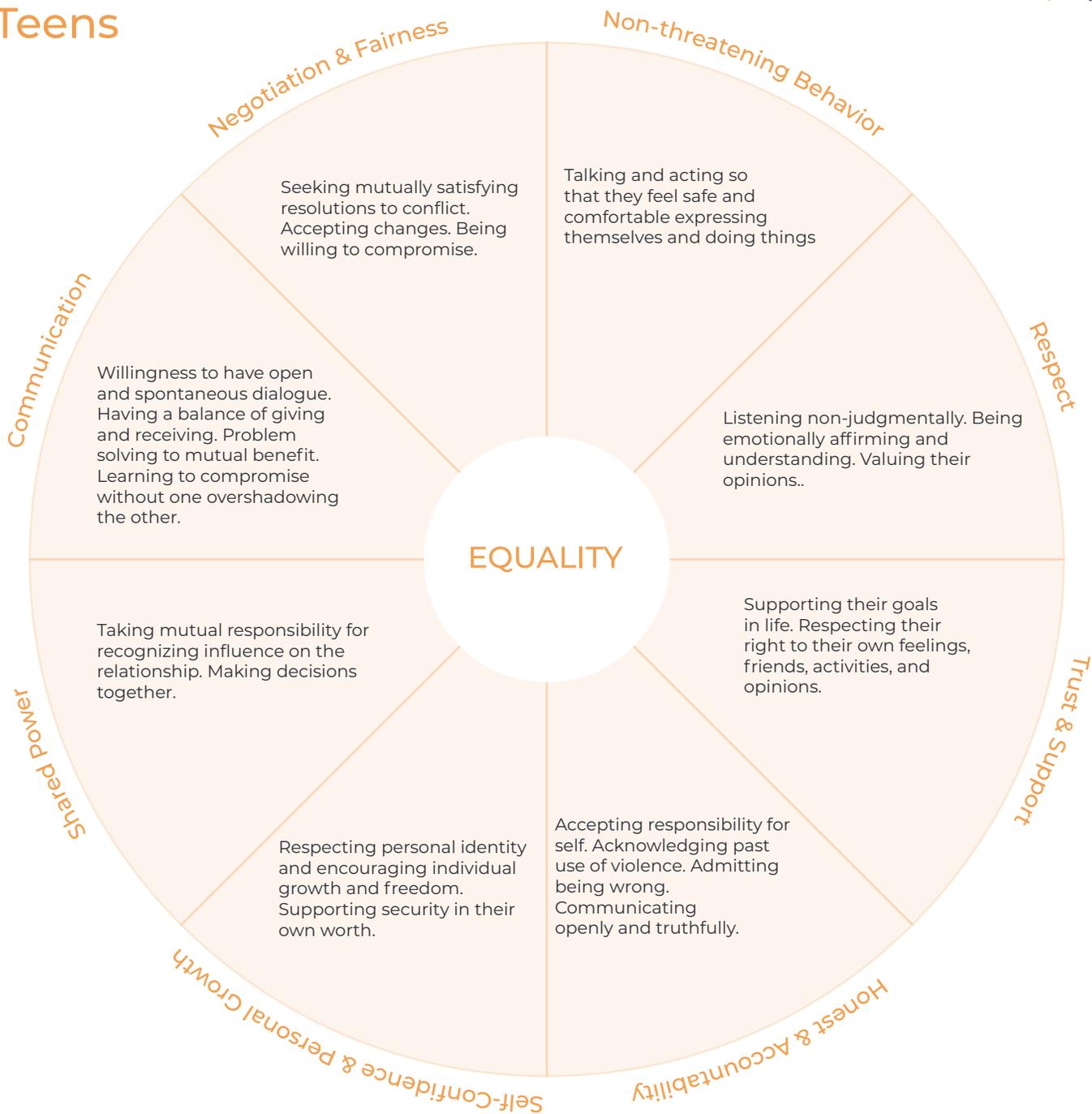


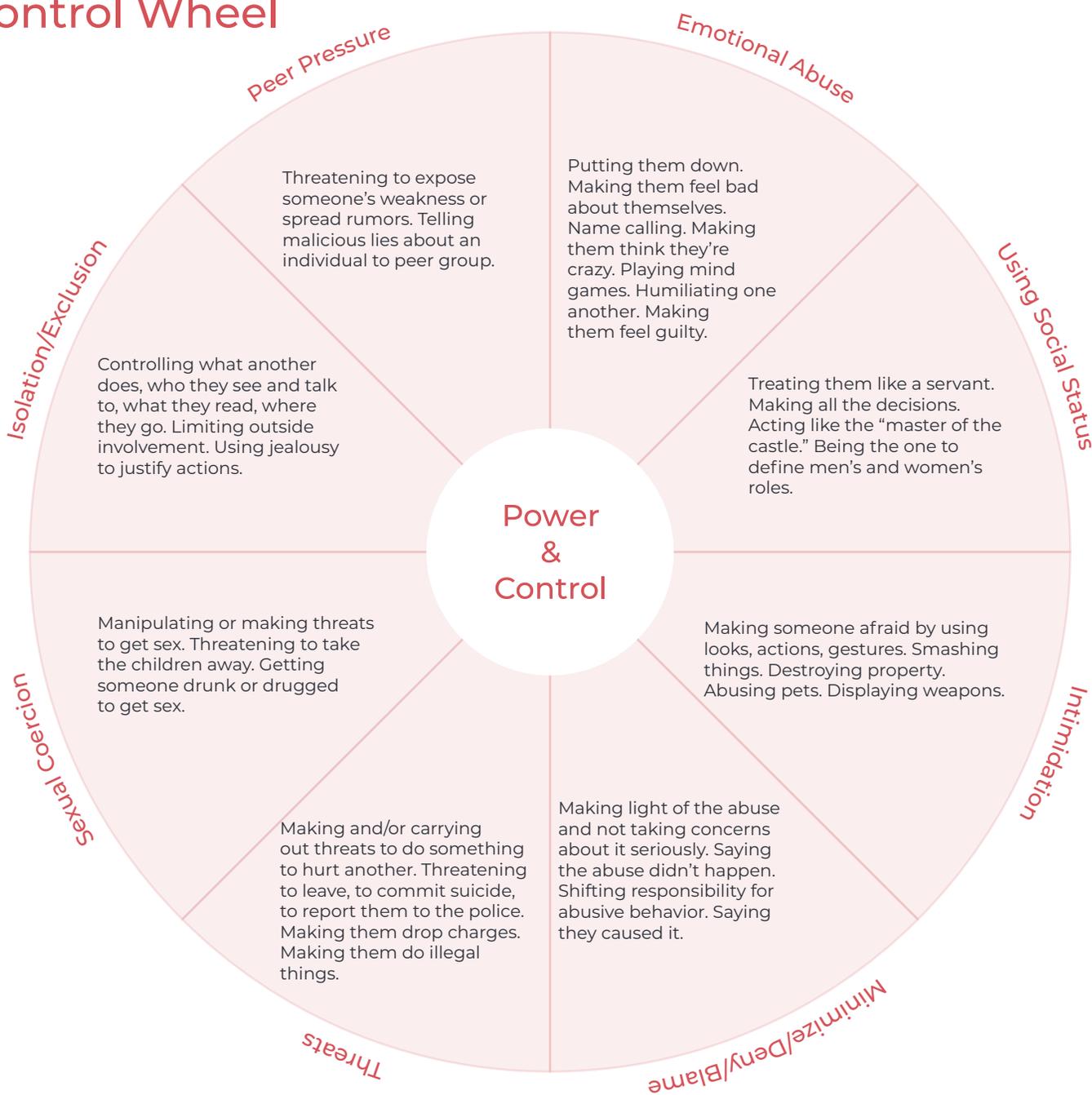
Equality Wheel for Teens



The Teen Equality Wheel shows the components of nonviolent relationships which are rooted in equality. Equality—in the center of the wheel—is the basis of all healthy, nonviolent relationships. The "spokes" of the wheel (i.e., shared power, respect, trust and support) are the tools and methods that can be employed to empower both partners in any relationship (not just romantic or intimate). This wheel shows how these methods of nonviolence can be used in teen relationships, specifically. The examples outlined in the wheel's spokes are not all-inclusive and can be used in many ways to help prevent physical, sexual, or mental/emotional violence.

The Equality Wheel can be used to educate teens by outlining healthy, nonviolent behaviors and expectations they should strive for in their relationships. They should on both the giving and receiving ends of these behaviors. By using the Wheel, teens (and their allied adults) will be able to prevent both victimization and perpetration. The Equality Wheel can be used a complement to the Power and Control Wheel.

Teen Power & Control Wheel



The Teen Power & Control Wheel shows how violence is rooted in power and control. Power and control are at the center of the wheel, showing that they are the core of relationship violence. The "spokes" of the wheel (i.e., isolation, coercions, threats) are the tools and methods used by abusive partners to express and uphold violence in relationships. This wheel shows how these methods of violence are used in teen relationships, specifically. The examples outlined in the wheel's spokes are not all-inclusive. The methods and themes in the spokes can be used in many ways to inflict physical, sexual, or mental/emotional violence.

The Power & Control Wheel can be used to educate potential victims by detailing harmful behaviors potentially used by an abusive partner. The Wheel can also be used with potential perpetrators to have them reflect on their behaviors. The Power and Control Wheel can be used as a complement to the Equality Wheel.