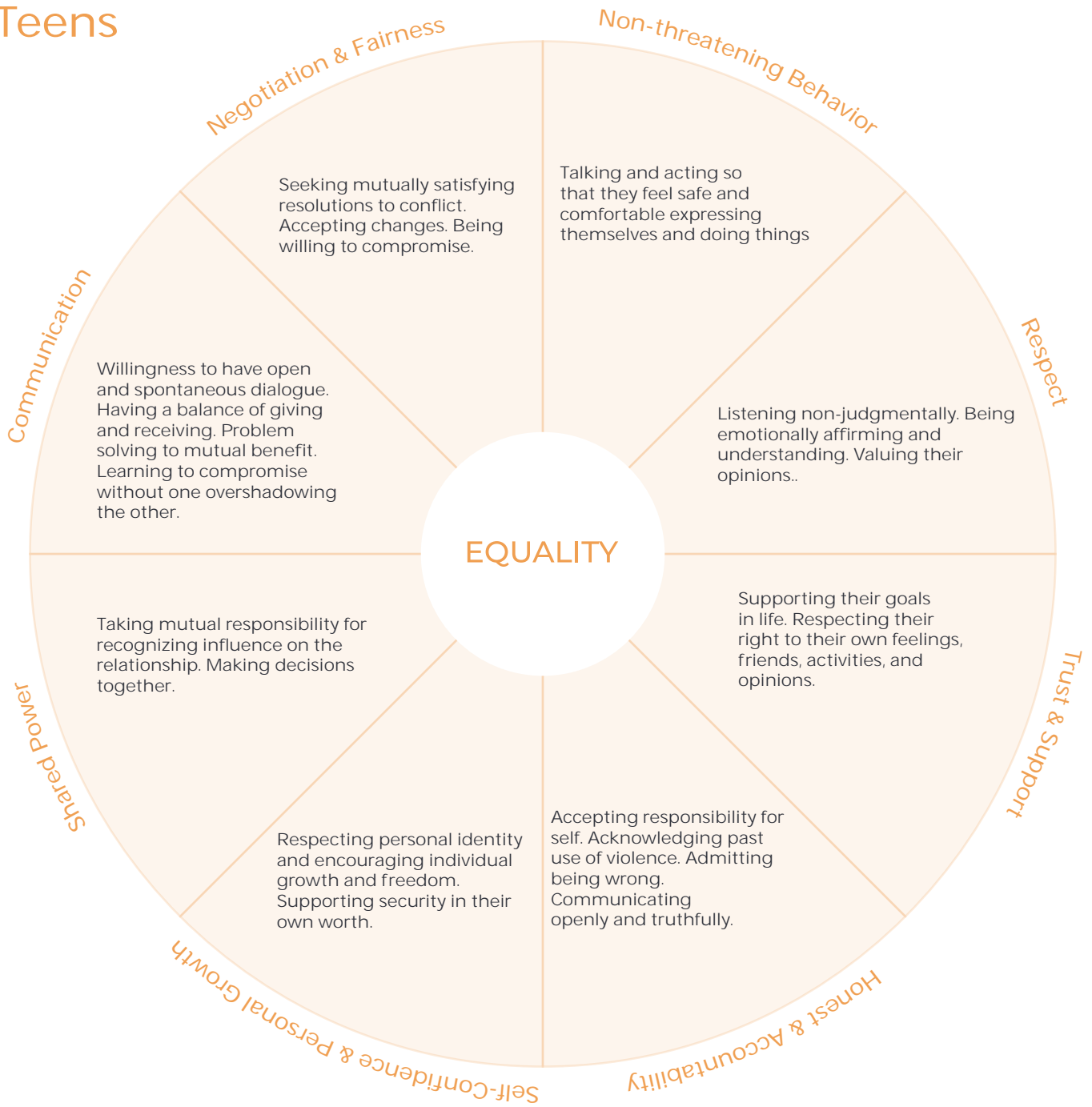


Equality Wheel for Teens



The Teen Equality Wheel shows the components of nonviolent relationships which are rooted in equality. Equality—in the center of the wheel—is the basis of all healthy, nonviolent relationships. The "spokes" of the wheel (i.e., shared power, respect, trust and support) are the tools and methods that can be employed to empower both partners in any relationship (not just romantic or intimate). This wheel shows how these methods of nonviolence can be used in teen relationships, specifically. The examples outlined in the wheel's spokes are not all-inclusive and can be used in many ways to help prevent physical, sexual, or mental/emotional violence.

The Equality Wheel can be used to educate teens by outlining healthy, nonviolent behaviors and expectations they should strive for in their relationships. They should on both the giving and receiving ends of these behaviors. By using the Wheel, teens (and their allied adults) will be able to prevent both victimization and perpetration. The Equality Wheel can be used a complement to the Power and Control Wheel.

