FIRST MATE FELIPA LOVES TO GO ON ADVENTURES IN THE SUMMER. WHEN SHE DOES SHE PRACTICES HER THREE RULES FOR PERSONAL SAFETY:

First Mate Felipa's 3 Rules for Personal Safety

1. Ask your trusted adult before you go anywhere with anyone.
2. Be the boss of your own body when it comes to hugs & kisses.
3. Don't keep secrets from your trusted adult.

Who's your trusted adult?
If someone makes me feel sad or scared I can tell:

Because I know they will believe me.